



## Preventive Care Benefits for Women

Here is a full list of preventive services covered at your annual wellness exam.

These tests are free only when delivered by a doctor or provider within the Friday Health Plans Network. All of the following tests are covered even if you haven't met your yearly deductible.

*[This list is sourced from Healthcare.gov]*

### Services for pregnant women or women who may become pregnant

1. [Anemia screening](#) on a routine basis
2. [Breastfeeding comprehensive support and counseling](#) from trained providers, and access to breastfeeding supplies, for pregnant and nursing women
3. [Contraception](#): Food and Drug Administration-approved contraceptive methods, sterilization procedures, and patient education and counseling, as prescribed by a health care provider for women with reproductive capacity (not including abortifacient drugs). This does not apply to health plans sponsored by certain exempt "religious employers." [Learn more about contraceptive coverage.](#)
4. [Folic acid](#) supplements for women who may become pregnant
5. [Gestational diabetes screening](#) for women 24 to 28 weeks pregnant and those at high risk of developing gestational diabetes
6. [Gonorrhea screening](#) for all women at higher risk
7. [Hepatitis B screening](#) for pregnant women at their first prenatal visit
8. [Rh Incompatibility screening](#) for all pregnant women and follow-up testing for women at higher risk
9. [Syphilis screening](#)
10. [Expanded tobacco intervention and counseling](#) for pregnant tobacco users

11. [Urinary tract or other infection screening](#)

[Get more information about services for pregnant women from HealthFinder.gov](#)

## Other covered preventive services for women

1. [Breast cancer genetic test counseling \(BRCA\)](#) for women at higher risk
2. [Breast cancer mammography screenings](#) every 1 to 2 years for women over 40
3. [Breast cancer chemoprevention counseling](#) for women at higher risk
4. [Cervical cancer screening](#) for sexually active women
5. [Chlamydia infection screening](#) for younger women and other women at higher risk
6. [Domestic and interpersonal violence screening and counseling](#) for all women
7. [Gonorrhea screening](#) for all women at higher risk
8. [HIV screening and counseling](#) for sexually active women
9. [Human Papillomavirus \(HPV\) DNA test](#) every 3 years for women with normal cytology results who are 30 or older
10. [Osteoporosis screening](#) for women over age 60 depending on risk factors
11. [Rh incompatibility screening](#) follow-up testing for women at higher risk
12. [Sexually transmitted infections counseling](#) for sexually active women
13. [Syphilis screening](#) for women at increased risk
14. [Tobacco use screening and interventions](#)
15. [Well-woman visits](#) to get recommended services for women under 65