





Preventive Care Benefits for Adults

Here is a full list of preventive services covered at your annual wellness exam.

These tests are free only when delivered by a doctor or provider within the Friday Health Plans Network. All of the following tests are covered even if you haven't met your yearly deductible.

[This list is sourced from Healthcare.gov]

1. [Abdominal aortic aneurysm one-time screening](#) for men of specified ages who have ever smoked
2. [Alcohol misuse screening and counseling](#)
3. [Aspirin use](#) to prevent cardiovascular disease for men and women of certain ages
4. [Blood pressure screening](#)
5. [Cholesterol screening](#) for adults of certain ages or at higher risk
6. [Colorectal cancer screening](#) for adults over 50
7. [Depression screening](#)
8. [Diabetes \(Type 2\) screening](#) for adults with high blood pressure
9. [Diet counseling](#) for adults at higher risk for chronic disease
10. [Hepatitis B screening](#)  for people at high risk, including people from countries with 2% or more Hepatitis B prevalence, and U.S.-born people not vaccinated as infants and with at least one parent born in a region with 8% or more Hepatitis B prevalence.
11. [Hepatitis C screening](#) for adults at increased risk, and one time for everyone born 1945 – 1965
12. [HIV screening](#) for everyone ages 15 to 65, and other ages at increased risk
13. [Immunization vaccines](#) for adults — doses, recommended ages, and recommended populations vary:

- [Diphtheria](#)
 - [Hepatitis A](#)
 - [Hepatitis B](#)
 - [Herpes Zoster](#)
 - [Human Papillomavirus \(HPV\)](#)
 - [Influenza \(flu shot\)](#)
 - [Measles](#)
 - [Meningococcal](#)
 - [Mumps](#)
 - [Pertussis](#)
 - [Pneumococcal](#)
 - [Rubella](#)
 - [Tetanus](#)
 - [Varicella \(Chickenpox\)](#)
14. [Lung cancer screening](#)  for adults 55 - 80 at high risk for lung cancer because they're heavy smokers or have quit in the past 15 years
 15. [Obesity screening and counseling](#)
 16. [Sexually transmitted infection \(STI\) prevention counseling](#) for adults at higher risk
 17. [Syphilis screening](#) for adults at higher risk
 18. [Tobacco Use screening](#) for all adults and cessation interventions for tobacco users